



Evalar BIO Black Tea

Black tea with chamomile flowers.

Ingredients: Black Tea, Chamomile Flowers.

Advantages of Evalar BIO Teas:

100% natural composition. Most of the herbal ingredients are collected in the Altai or grown on Evalar's own plantations in the ecologically pristine foothills of Altai without using any chemicals or pesticides

Excellent microbiological purity of teas is ensured with a gentle method of instant steam treatment using high-tech French equipment

For the best preservation of medicinal properties, delicate taste and aroma of herbal tea, each teabag is individually packed in a multi-layer protective envelope



Golden Refined Altai Mumiyo

Mumiyo EVALAR is the gold standard of the Altai mumiyo! This product is a 100% pure Altaic mumiyo, prepared according to the original technology making it possible to maximally preserve active ingredients: vitamins, amino acids and more than 30 micro- and macronutrients with high bioavailability.

Contributes to faster bone repair in case of injury.

Promotes the processes of regeneration (self-healing) of tissues.

Strengthens the body's defenses.

Mumiyo EVALAR became a bestseller in Russia: #1 brand among dietary supplements with mumiyo.

Ingredients: Purified Mumiyo.



Levocarnitine, tablets

Daily energy and fat burning! 500 g L-carnitine and pantothenic acid in tablets. L-carnitine works together with pantothenic acid, boosting the cellular metabolism, for quicker entry of the stored fats into cells, where the fats get burned, releasing the energy. Due to this effect of L-carnitine and calcium pantothenate, Levocarnitine contributes to:

Transforming fat reserves into energy.

Improving performance and endurance.

Weight loss.

Ingredients: L-Carnitine, Microcrystalline Cellulose and Lactose (Excipients), Sodium Croscarmellose (Vehicle), Pantothenic Acid, Calcium Stearate, Stearic Acid, Silicon Dioxide (Anti-Caking Agents). Film coating components: Hydroxypropyl Methyl Cellulose, Glycerin.



Marine Collagen, sachets.

Evalar Marine Collagen: the source of beauty and youth inside of you! As we age, our inner source of beauty, strength, and stamina gradually fades away. Did you know that after the age of 25, we lose 1 to 3 percent of collagen every year? Collagen is the youth protein, and its decrease inevitably leads to visible signs of aging. Add to this the destructive effects of collagen's main enemies: toxins and stress accumulated in the body. You can conceal skin and joints problems, or you can activate the collagen production from the inside, restoring our inner source of beauty and youth at the cellular level. Which way will you choose?

Evalar Marine Collagen supports healthy collagen synthesis from within, for smooth and beautiful skin, healthy nails and hair.

Evalar Marine Collagen promotes:

Improvement of skin condition, smoothing of fine wrinkles, smoothing of skin, slowing down the aging process (anti-age effect);

Improvement of joint mobility, strengthening of ligaments, pain reduction, recovery of cartilage tissue;

Acceleration of wound healing and restoration of connective tissue after injuries, surgery, or burns (improves tissue regeneration);

Strengthening of bone tissue, recovery of bone tissue after fractures, risk reduction of osteoporosis.

Evalar Marine Collagen also improves the condition of hair and nails. It fills up collagen reserves, and also stimulates the synthesis of the body's own collagen and hyaluronic acid, which is essential for skin firmness and elasticity.

Evalar Marine Collagen provides:

Maximum bioavailability. Unlike other forms of collagen, hydrolyzed fish collagen is absorbed as efficiently as possible. As early as 6 hours after ingestion, up to 95% of hydrolyzed collagen is present in the blood and tissues throughout the body.

High collagen dosage - 6,000 mg.

Collagen in nominal terms

Until recently, Japanese experts considered the daily allowance of collagen to be from 3000 to 5000 mg. Today, the recommended daily collagen dose limit is 5,000 mg or more, especially for people over 40. By the way, the Japanese take collagen all the time, starting at the age of 16 or 20, without breaks. On Japanese market, there are products with a concentration of 25,000 mg of collagen per serving.

Enhanced composition. The composition is enhanced with vitamin C, which stimulates the body's own synthesis of collagen and hyaluronic acid. Easy use. Available as a powder in sachets. To get a healthy protein drink, just dissolve one sachet of Marine Collagen in 200 ml of any drink.

High quality raw materials from Japan. Evalar uses the skin of marine (or Pacific) fish living in natural waters as raw materials for Marine Collagen. When selecting raw materials, Evalar takes into account that they should be made from fish species with the highest protein content. Neutral taste *. The product is convenient to mix with any cold or hot drinks. Evalar Marine Collagen does not lose its beneficial properties and does not affect the taste or aroma of the drink.

Evalar Marine Collagen is the winner in Supplements nomination of the 10th annual award Domashny Ochag Beauty Awards, 2020.

Evalar Marine Collagen: treat yourself to be young and beautiful from the inside! • The product does not contain GMOs, sugar, lactose, soy or gluten. Ingredients hydrolyzed fish collagen (peptides), ascorbic acid (vitamin C), amorphous silicon dioxide (anti-caking agent).

Content in 6 g (daily intake) and percentage of the recommended daily intake

Hydrolyzed fish collagen

5.8 g

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Vitamin Ñ

60 mg

100%

Variations are allowed in accordance with technical requirements

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Nutrition value

In 100 g of product

In 6 g of product

Proteins

85 g

5.0 g

Fats

0 g

0 g

Carbohydrates

0 ã

0 ã

Energy value (calories)

1450 kJ (340 kcal)

85 kJ (20 kcal)

Method of administration:

Dissolve the contents of a sachet in 200 ml of any drink. Adults should take one sachet daily, for at least one month. The treatment may be continued if needed.

Active substance:

Hydrolyzed fish collagen (peptides), vitamin C.

Effect:

For the beauty of skin, hair and nails, slowing down the aging process, and improving joint mobility.

Contraindications:

Individual intolerance to the components, pregnancy, breastfeeding. It is recommended to consult a doctor before use.

* Compared to other types of collagen (pork, beef) according to the tasting test involving 40 respondents, 2019.



SportExpert BCAA+

A combination of essential amino acids (leucine, valine, isoleucine), reinforced with beta-alanine and vitamin B6. Increases stamina, reduces fatigue, accelerates the growth of muscle mass.



SportExpert Creatine

Increases strength and endurance with intensive training, improves the building of muscle mass; stimulates anabolic processes in muscles.



SportExpert Energy

A natural energy drink with guarana extract for increasing strength, endurance and training efficiency.

Promotes fats burning.

Proteins: 0 g, Fats: 0 g, Carbohydrates: 16 g Energy: 65 kcal.



SportExpert L-Carnitine 1800 mg (in shots)

L-carnitine in a readily digestible liquid form. Promotes weight loss, builds stamina and endurance, helps convert fats into energy.

Proteins: 0 g, Fats: 0 g, Carbohydrates: 3,5 g Energy: 8,4 kcal.



SportExpert Magnesium Liquid

Magnesium in an easily digestible liquid form. Prevents muscle cramps, reduces fatigue.



SportExpert Protein Bar

A concentrate of whey (milk) protein and L-carnitine. For athletes' nutrition during intensive training.

Proteins: 13 g, Fats: 2 g, Carbohydrates: 15 g Energy: 130 kcal.



SportExpert Protein Mix 908 g

A multicomponent protein to build muscle mass.

Proteins: 48 g, Fats: 1.5 g, Carbohydrates: 0.12 g Energy: 204 kcal.



SportExpert Super Gainer

A balanced protein-carbohydrate mixture in combination with vitamins and minerals. Promotes the effective build-up of muscle mass, rapid recovery after training, provides the body with energy.

Proteins: 15.8 g, Fats: 1.13 g, Carbohydrates: 45 g Energy: 260 kcal.



SportExpert Whey Protein

A pure whey protein (concentrate and isolate) with a rapidly assimilated and balanced amino acid composition. It improves the recovery and growth of muscle mass.

Proteins: 46 g, Fats: 4.2 g, Carbohydrates: 4.6 g Energy: 220 kcal.



SportExpert® BCAA Powder in melon flavour

L-leucine, L-valine, and L-isoleucine are essential components for the development of muscle tissue. The 2:1:1 ratio is a classic amino acid ratio, which ensures that the amino acids are effective. SportExpert® BCAA Powder activate protein synthesis and play an important role in restoring muscle tissue after exercise and in slowing down catabolic processes. They are the purest components of protein, which are instantly absorbed and pass straight into the muscles, filling the body with energy and increasing stamina. The complex of three amino acids in SportExpert® BCAA Powder is beneficial in all types of sports and physical activity in order to increase your strength and endurance capabilities. L-leucine protects muscles from muscle breakdown, stimulates muscle tissue growth. An additional benefit of the amino acid intake is to strengthen joints and promote fat burning. L-valine has a broad spectrum of action. It is of particular importance to athletes, as it increases muscle endurance during exercise and promotes regeneration of muscle tissue afterwards. In combination with leucine and isoleucine, valine enhances muscle growth and provides an energy boost. Valine helps reduce anxiety, prevents insomnia, and supports the immune system. L-isoleucine has anti-catabolic properties and prevents muscle deterioration during exercise. If taken before a workout, it promotes energy effects in muscles, muscle growth, and tissue repair after workouts and injuries. SportExpert® BCAA Powder promotes:

- 1: growth of lean muscle mass

reduces fatigue and improves endurance SportExpert® BCAA Powder in melon flavour is a great option for a quick amino acid boost before a workout, for increasing energy levels and decreasing fatigue during workout and also for preventing muscle breakdown afterwards. Ingredients: L-leucine, L-valine, L-isoleucine, citric acid (acidity regulator), melon flavouring, inulin, sucralose

(sweetener), acesulfame potassium (sweetener), natural yellow dye turmeric, amorphous silicon dioxide (anti-caking agent). 1 Information confirmed by SGR (State Registration Certificate)



SportExpert® L-carnitine 3600 mg

SportExpert® L-carnitine 3600 mg is a popular product in a liquid, easily digestible form to activate fat metabolism and convert fat cells into energy during intense workouts. High dosage1 - 3600 mg in each shot.

The vitamin-like substance L-carnitine is produced in the liver and is involved in metabolic processes. It is found in foods but destroyed by the thermal processing. L-carnitine promotes the active breakdown of fatty acids, increases stamina and endurance, replenishes energy reserves.

SportExpert® L-carnitine 3600 mg promotes2:

conversion of fat cells into energy during aerobic activity

gain of lean muscle mass and acceleration of recovery after workouts

protection against muscle damage

metabolism acceleration

decrease in fatigue and pain

normalization of the cardiovascular system

normalization of "bad" cholesterol in the blood

Benefits:

- High dosage of 3600 mg of L-carnitine per shot
- Easily digestible liquid form
- Packaging - easy to take during your workout
- Pleasant peach flavour

Ingredients: water, glycerin (thickener), L-carnitine, citric acid (acidity regulator), "Peach" natural flavoring, sodium benzoate and potassium sorbate (preservatives), sucralose (sweetener).

1 In the product range of Evalar 2 Information confirmed by SGR (State Registration Certificate)



Tea Evalar BIO Energy

For maintaining energy and efficiency, and promoting vitality throughout the day.

Ingredients: Rooibos, Rosehips, Maral Root, Hibiscus Flowers, Rosemary Leaves, Magnolia Vine Fruit.

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Tea Evalar BIO green

Green tea with chamomile flowers.

Ingredients: Green Tea, Chamomile Flowers.

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